

**Art & Creativity Study Guide for Initiates and Members
of**

Circulos Tenebris Matrem Arcanas

Circle of the Dark and Mysterious Mother



Art & Creativity

Art & creativity can be a very big part of the spiritual path. There are many mediums for creativity and many ways to work with spirit and create. Creativity can be a meditation or a ritual depending on how the practitioner approaches the process.

Ideas for Spiritual Creativity

- Painting
- Drawing
- Fiction Writing
- Non-Fiction Writing
- Music
- Singing
- Dancing

- Creating an altar
- Creating a ritual
- Etc.

The point of spiritual creativity is to use whatever creative process you enjoy and to use it as part of your process and your spiritual path.

Getting Spiritual Help

There are several deities, spirits, and angels that can assist with creative endeavors. You can also call upon whatever deities you normally work with to give you prophecy (see the Prophecy Study Guide) for your creation.

Some examples of deities, spirits, and angels that work with creativity:

- Muses - In ancient Greek religion and mythology, the Muses are the inspirational goddesses of literature, science, and the arts. They are considered the source of the knowledge embodied in the poetry, lyric songs, and myths that were related orally for centuries in these ancient cultures.
- Haniel – Haniel is the archangel of art and creativity. He is an angelic presence that can be invoked to assist with your creative process.
- Danu – Celtic Mother Goddess who is also goddess of creativity.
- Sadv – Another Celtic Goddess but this time a goddess of the forest and creativity.
- Saraswati - This Hindu goddess rocks the arts and letters world. She's the goddess of intelligence and of the arts, nature, music and wisdom.
- Ixchell - This goddess of creativity is versatile and powerful. Call on this Mayan deity when you need some creative unblocking, especially at the start of a new project.
- And many more.

Basic Process

The basic process that I use for creativity is to do a short prayer and meditation before I start a creative act. I dedicate the work to my patron deities and then invoke a spirit of creativity (for me Haniel). When I'm finished with the work I thank both my patrons and the spirit of creativity that I have called upon.