

## Sphere 8: Supernal

## What Are Spheres?

Spheres are the levels of training that we offer for the initiatory process of the Tradition. There are 8 Spheres. Each Sphere contains information on the topics relevant to understanding at its level. These topics build on each other and give a foundation for being able to work in the Circle of the Dark Mother. Some of these areas may be something you've already experienced, and you may be very well-versed in. If that is the case, feel free to move quickly through the section. We ask that everyone complete all sections because this is also the training foundation for clergy in the Circle. It is important that everyone is on the same page and can speak the same language for the optimal communication.

After completing each Sphere, contact Mark H. Williams ([markw.ohio@gmail.com](mailto:markw.ohio@gmail.com)) with a description of what you've learned and what you've tried out in the Sphere. He will reply back with any additional questions, suggestions, and answers to any questions you have posed in your email.



### Sphere 8

Sphere 8 is the Supernal Realm beyond all Creation. It is a place of unity where Mother and Father God transcend into the One Above All. This is a place of complete realization outside of time and space.

#### Correspondences

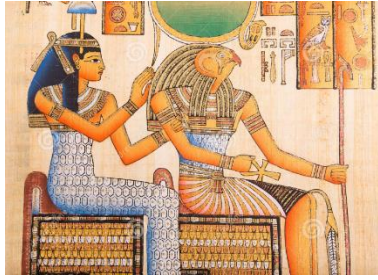
**Color:** White

**Astrological Attribute:** All beginnings and cycles

**Incense/Plant:** Ambergris, Almond Flower

**Virtue:** Supreme Attainment

**Vice:** None



## Personality

Ancient Queen or King sitting in profile. This is Mother and Father God beyond creation, beyond duality, beyond time and space.



## Greek Deity

**Hecate:** Hecate is the goddess of magic, witchcraft, the night, moon, ghosts and necromancy. She is the only child of the Titanes Perses and Asteria from whom she received her power over heaven, earth, and sea. Supernal Goddess.



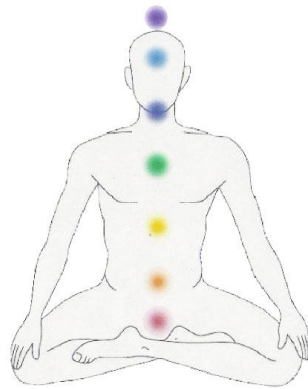
## Spiritual Beings:

**Archangel: Metatron**

Metatron means either "one who guards" or "one serves behind [God's] throne." Archangel Metatron is known as the angel of life. He guards the Tree of Life and is traditionally considered to be the spiritual brother of Archangel Sandalfon, and both were humans on Earth before ascending to heaven as angels (Metatron is said to have lived as the prophet Enoch, and Sandalfon as the prophet Elijah).

### **Order of Angels: The Hayyot**

These are the Holy Living Creatures. The Hayyot are described as multi-eyed because they can see through time and universes. It is also said that the experience of the Hayyot is like touching an alien consciousness.



### **Meditation:**

Meditation is an important part of any spiritual practice. For Sphere 8 we will focus on a meditation called Middle Pillar which will activate your Chakras.

1. Get into a comfortable position.
2. Push all thoughts aside and begin to breath in a regular rhythm.
3. Breath in... and out... in... and out
4. As thoughts arise, gently push them aside and refocus on your breathing.
5. Picture your heart filled with light and positive energy – the energy of deity.
6. Envision a sphere of brilliant white light, a diamond-like light that sparkles with rainbow hues, translucent and clear, above your head. Visualize and feel this center of supernal light there, above your head. Awaken this center of divine energy with the intonation of the divine name: Hecate
7. Then envision the light descending through your head down to your throat, forming another sphere of light at your throat, a sphere of translucent lavender light, brightly shining. Awaken this center of divine energy with the intonation of the divine names: Zeus Demeter.
8. Let the light continue its descent down through your body to form another sphere of light in the middle of your torso at your solar plexus, a sphere of translucent golden light

that shines brightly like the sun. Awaken this divine center with the intonation of the divine name:

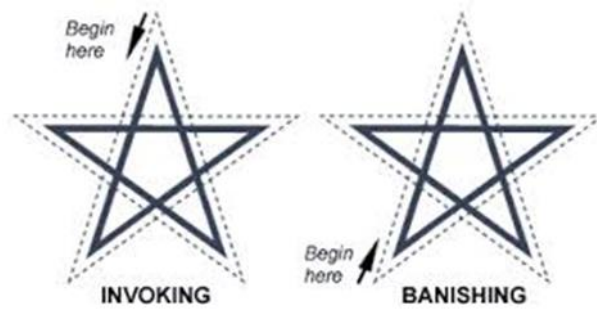
Heracles

9. Envision the light naturally and spontaneously continuing its descent, forming another sphere of translucent violet light at your groin, a vibrant and brightly shining center of divine energy. Awaken this divine center with the intonation of the divine name:  
Dionysus
10. Let the light complete its descent, passing down to your feet and forming a sphere of radiant darkness there, as though a radiant indigo or obsidian black translucent light, all receiving. Awaken this divine center of energy with the intonation of the divine name:  
Persephone
11. Having brought the supernal light down, envision and feel an awakening and up rushing of divine energy from the depths of your consciousness, as though from the secret center of the Earth there is a response from below to the power coming from above. Envision yourself becoming like an exhaustless fountain of this energy, the light rushing up in ascent from the base of your feet, through your spine and out the top of your head, as though through a pipe of light formed in your subtle body.
12. Circulate this light through your aura through your breath. As you exhale visualize and feel the light pouring down the front of your body and as you inhale visualize and feel it ascending up the backside of your body. Continue this focus until the current flowing down the front of your body and up the back is well established, as though the flow continues on its own.
13. Then shift to a focus upon another current of light simultaneously flowing down your left side and up the right side of your body, using your breath, as before, to circulate the energy, your exhalation bringing it down the left side and inhalation bringing it up the right side. Continue in this focus until the current is fully established.
14. Now envision your body as a body of light, as though every particle is self-luminous. And visualize and feel a sphere of brilliant light completely surrounding you, a radiant aura of golden-white translucent light.
15. When this is complete you can proceed to further prayer, meditation or ritual, or close the session by completely absorbing and grounding the energy-intelligence generated by the practice. This, then, completes the Middle Pillar Meditation.

### **Ritual Topic:**

Ritual items need to be acquired as part of the process of working with the Spheres. In this Sphere we will perform a ritual.

## Ritual



1. Face the East and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine names: Zeus - Demeter. Ask the archangel Raphael (East and Healing) to come and be part of the ritual.
2. Face the West and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine name: Ares. Ask the archangel Gavriel (West and Prophecy/Death) to come and be part of the ritual.
3. Face the South and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine name: Athena. Ask the archangel Michael (South and Protection) to come and be part of the ritual.
4. Face the North and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine name: Apollo. Ask the archangel Uriel (North and Magic) to come and be part of the ritual.
5. Stand in the center and point downward and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine name: Persephone. Ask the archangel Sandolfon (Mother and Earth) to come and be part of the ritual.
6. Stand in the center and point upward and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine name: Hecate. Ask the archangel Metatron (Father and Heavens) to come and be part of the ritual.
7. Stand in the center and point forward and use the wand to outline an invoking pentagram. “Push” the wand through the center and intone the divine name: Heracles. Ask the archangel Hua (He/She and Enlightenment) to come and be part of the ritual.
8. Pray that any beings that are not in line with the purpose of the ritual be cast out of the circle. Invite any beings that are in line with the purpose of the ritual to enter the circle.

9. Perform the content of your ritual. A good starting intent would be blessings from deity.
10. Pray for the outcome to be done and know it is so.
11. When complete, thank all beings from being in attendance and bid them farewell.
12. When you are complete, perform the closing of the sphere as in the invocation but backward from the Center working out toward East. Use the banishing Pentagram instead of the invoking one.
13. Thank all beings for being present for the ritual and ask them to take the energy to any who need it.
14. The ritual is closed.



### Chakra

**Supernal (Located above the head):** The Supernal Chakrah is not part of our internal energy centers and is not located in our body. The Supernal Chakrah is in unity with Deity beyond creation. This Chakrah is only activated with complete enlightenment.

### Level of the Soul

**Yechidah (Divine Spark)** – The Yechidah is the part of every being that is beyond creation and completely part of the divine realm. When this part of the soul is completely awake, a being reaches full enlightenment and liberation.



## **Holy Day**

**Samhain (Festival of the Dead)** – As October turns to November it is the sacred time of Samhain. Samhain is a festival of the Dead. Meaning "Summer's End" and pronounced saah-win or saa-ween. Samhain is a celebration of the end of the harvest and the start of the coldest half of the year. For many practitioners, myself included, Samhain also is the beginning of the spiritual new year. This is a feast of the Dead and helping all spirits move on to either reincarnate or to their afterlife.

## **Completion**

When you are finished with the course, Mark will send you a certificate stating that you are a full initiate of the Tradition. You will be then ready to start Adept training which contains more advanced topics.