

**Pagan Ritual Study Guide for Initiates and Members  
of  
*Circulos Tenebris Matrem Arcanas*  
Circle of the Dark and Mysterious Mother**



Air



Earth



Water



Fire

## **Introduction**

A magical circle is an energetic construct that you build or envision around yourself before working magic, doing a ritual, or sometimes even meditating. For a single magic worker or solitary pagan, it's usually around 5 or 6 feet in diameter, but the size expands based on the size of a group.

Sometimes, the circle is defined by something in the physical world, such as a ring of candles or perhaps just symbolic items at the four cardinal points. Other times, it's defined simply on the energetic plane.

You cast it with the intention that only positive and beneficent energies may enter or dwell within. This way, when you open yourself up to the energetic realm, you need not worry about picking up any energies or currents that are not for your truest good.

## **The Ritual**

Find a flat open space – indoors or out – where you won't be disturbed.

Place a representation of each of the four elements at each corresponding point around an imagined circle (about 5 to 6 feet in diameter).

- Earth – North (rock, crystal, plant, ceramics, etc.).
- Air – East (feather, incense, sage, etc.)
- Fire – South (candle, oil burner, etc.)
- Water – West (sea shell, chalice of water, etc.)

Stand facing East (envision wind whipping around you) and say: "Spirits of Air, I call on you".

Turn to the South (envision a fire or the sun) and say: "Spirits of Fire, I call on you".

Turn to the West (envision waves in the ocean) and say: "Spirits of Water, I call on you".

Turn to the North (envision mountains or a field) and say, "Spirits of Earth, I call on you".

Still facing North, feel light flowing from the universe down through your head and into your body. Say: "Father Sky, I call on you". (or use any deity you would like)

Feel protected on all sides as well as from above and below. Say: "Thank you. The circle is cast. Blessed be."

Sit or stand and perform your working.

When complete, be sure to thank each element as well as the earth and the cosmos. As well as any deities invoked.

Face West, bring water to mind and say: "Water, I thank you for being here."

Face South, bring fire to mind and say: "Fire, I thank you for being here."

Face East, bring air to mind and say: "Air, I thank you for being here."

Face North, bring earth to mind and say: "Earth, I thank you for being here."

Continue to face North and say: "Mother Earth, thank you for being here. Father Sky, thank you for being here". Thank any other deities.

Say: "Blessed be and so it is. Merry meet, and merry part, and merry meet again."

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The ritual is closed